



LASER GENESIS PRE- AND POST-TREATMENT

BEFORE YOUR TREATMENT:

- Do not wear makeup on the day of treatment.
- Excess hair may need to be shaved. Men should be cleanly shaved.
- No sun-tanning or self-tanners 4 weeks prior to treatment.
 - Includes spray tans, tanning lotions, tanning beds, sun exposure, etc.
- Avoid treatments that may irritate the skin for 1-2 weeks prior to treatment (Waxing, depilatories, etc.)
- Notify clinic with any changes to your health history or medications since your last appointment.
- History of herpes or cold sores may require an anti-viral prescription, such as Valtrex, prior to your appointment.

AFTER YOUR TREATMENT:

- Avoid sun exposure and use a broad spectrum (UVA/UVB) sunscreen to prevent further sun damage.
- Bruising, redness, and swelling may occur and resolve within time.
- Avoid heat, such as hot tubs, saunas, etc. for 1-2 days.
- Avoid skin irritants for a few days post-treatment.
 - Products containing tretinoin, retinol, benzoyl peroxide, glycolic/salicylic acids, astringents, etc.
- Multiple treatments are required.
- Notify your physician of any concerns (blistering, excessive redness/swelling, etc.)
- Consult with your physician about when to resume skin care regime.
- Additional instructions _____
