

SCLEROTHERAPY

- Sclerotherapy is a safe and effective non-surgical technique for the treatment of small to medium veins, usually on the legs.
- Sclerotherapy consists of the injection of a solution into the DILATED VESSEL USING A VERY TINY NEEDLE. This procedure is done in the office, during a 20-30 minute session and does not require anesthesia or sedation. You may feel an occasional burning or stinging sensation during the injections.
- The treatment causes irritation and breakdown of the veins. After the treatment is completed, the veins may gradually fade over a period of 4-6 weeks. There is commonly some temporary bruising, swelling, redness, itching, or discoloration during the healing process. Most people require several treatments to achieve the best cosmetic results. Treatments may be done every six weeks.
- Immediately after the procedure, the treated area needs to be compressed. We recommend that you bring compression stockings (thigh-high or full pantyhose), purchased at a medical supply store or firm stockings, such as Spanx, with you to the procedure so you may put them on immediately post treatment. If you do not have them with you, we will wrap the treated area with an ACE-bandage style wrap.
- To achieve the best results and avoid complications, leave the compression on for at least 4 hours following the procedure. Wear the compression stocking as much as possible for the first week after the procedure to maximize blood flow to the legs and improve healing.
- You may enjoy short walks in the week after the procedure, but refrain from any strenuous leg exercise or long-distance running.
- Some treated areas may appear brown, pink, or otherwise discolored. This is unavoidable with treatment and will fade gradually. Sun or tanning bed exposure will cause any discoloration to darken and be longer-lasting or permanent, so this must be avoided until all treated areas are completely healed.
- Few people may develop a firm lump in a treated vein that may appear purple under the skin surface. This is a non-dangerous, superficial blood clot that can easily be treated in the office.
- Any severe pain, expanding redness, swelling, blistering, or leg swelling should be immediately reported to your doctor. Please contact us at any time if you have questions or concerns regarding your treatment.

If you have questions or concerns, or experience an unexpected reaction, please call us immediately. A physician can always be reached after hours through the answering service. We are happy to speak with you anytime at 562.256.9929