

## WOUND CARE INSTRUCTIONS

**SIGNS OF INFECTION:** *swelling, heat, red streaks, redness, drainage of pus, excessive tenderness. Call our office immediately if any of the mentioned signs develop or if you have any questions. If bleeding occurs, hold continuous pressure for 30 minutes. Call our office at 562.256.9929 if it persists.*

### SKIN BIOPSY AND EXCISION WITHOUT STERI STRIPS:

- Keep the area clean and dry for 24 hours. After 24 hours, you may bathe normally.
- Gently clean the area with soap and water 1-2 times a day, and apply a drop of Aquaphor, Vaseline, or petroleum ointment.
- Keep covered with a bandage until healed.
- Keep moist and avoid scab formation.
- Watch for signs of infection, stated above.
- If sutures were placed, return for removal as instructed by your physician.
- Please call our office if you do not receive notification of biopsy results within 3 weeks.

### EXCISION WITH STERI STRIPS:

- Keep the area clean and dry for 24 hours. After 24 hours, you may remove the pressure dressing, but leave the steri strips intact.
- You may bathe normally and pat dry. **DO NOT** scrub the strips.
- If steri strips fall off, cleanse the area and keep the area moist with Aquaphor or Vaseline to avoid scab formation.
- Watch for signs of infection, stated above.
- Return for removal as instructed by your physician.
- Please call our office if you do not receive notification of biopsy results within 3 weeks.