



### **PRP FACIAL INJECTION + HAIR REJUVENATION**

#### ***BEFORE TREATMENT***

- Please drink plenty of fluids and water the day before and the day of your procedure. If you are dehydrated, it is much harder to draw blood and you will not have as much plasma.
- Please try to avoid NSAIDs (ibuprofen, Aleve, naproxen, aspirin) for 7 days prior to your procedure. It is okay to take Tylenol (acetaminophen) prior to your procedure as this does not thin your blood.
- Please try to stop any herbal supplements 7 days prior (including St John's Wort. Garlic, vitamin E, ginko, etc.)
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#### ***AFTER TREATMENT***

- Avoid NSAIDs (ibuprofen, Aleve, naproxen, aspirin) the day of your procedure.
- If you experience discomfort, you can use ice or take Tylenol.
- It is fine to shampoo the hair gently the same day as your procedure.
- The treated area may be tender to touch for up to 72 hours.
- You may notice some bruising where there were injections. This is normal and will resolve in 1-2 weeks.

If you have any questions or concerns, or experience an unexpected reaction, please call us immediately: 562-256-9929. A physician can always be reached after-hours through the answering service-we are happy to speak with you anytime.