

# comprehensive dermatology OF LONG BEACH

## **COOLPEEL**

Coolpeel treats wrinkles, age spots, acne scars, and other blemishes as well as tighten skin and balance tone. Damaged skin tissue is removed, stimulating new collagen production and heat energy is delivered to tighten the skin.

### ***Post treatment care:***

- Patient should feel a warm/sunburn sensation for about an hour post treatment
- A thin layer of Aquaphor may be used on the treated area
- Avoid touching or cleaning the area for 24 hours
- Then Use a gentle cleanser
- Use the Cicalifate to moisturize during healing
- Skin should feel rough like sandpaper for 3-4 days post treatment
- Do not pick or peel skin as may cause discoloration
- Mineral makeup can be reapplied 24-48 hours post treatment

### ***Makeup application post treatment***

It is best recommended to leave your skin without any make-up for at least 24 hours, you can then use mineral makeup to ensure you maintain clear pores, allowing your skin to breathe and heal properly over time.

### ***Anticipated Downtime***

One of the main benefits of a Coolpeel is that there is minimal downtime. You should expect to be a little red, as if you have a sunburn for a day, or two, but nothing should prevent you from returning to your normal daily activities. Your skin may feel dry and scaly as it heals so it is important to stay hydrated.

Please do not hesitate to contact us if you have any questions. 562.256.9929